

**Gomathinayagam**

---

**From:** "Gomathinayagam" <dialgomes@gmail.com>  
**To:** "Gomathinayagam" <gomes17@gmail.com>  
**Sent:** Saturday, June 26, 2010 6:25 PM  
**Subject:** Re: PERKS FOR BEING OVER 50

Subject: Fwd: FW: : PERKS FOR BEING OVER 50  
Date: Sunday, March 7, 2010, 10:16 PM

**Someone had to  
remind me, so I'm  
reminding you too.  
Don't laugh....it is all  
true...**

**Perks of reaching 50  
or being over 60 and**

## heading towards 70!

**01. Kidnappers are not very interested in you.**

**02. In a hostage situation you are likely to be released first.**

**03. No one expects you to run--anywhere.**

**04. People call at 9 pm and ask, did I wake you?**

**05.** People no longer view you as a hypochondriac.

**06.** There is nothing left to learn the hard way.

**07..** Things you buy now won't wear out

**08.** You can eat supper at 4 pm.

**09.** You can live

**without sex but not  
your glasses.**

**10. You get into  
heated arguments  
about pension plans.**

**11. You no longer  
think of speed limits as  
a challenge.**

**12. You quit trying to  
hold your stomach in  
no matter who walks  
into the room.**

**13.** You sing along with elevator music.

**14.** Your eyes won't get much worse.

**15 .** Your investment in health insurance is finally beginning to pay off.

**16.** Your joints are more accurate meteorologists than the national weather service.

**17. Your secrets are safe with your friends because they can't remember them either.**

**18. Your supply of brain cells is finally down to manageable size.**

**19. You can't remember who sent you this list..**

**And you notice these  
are all in Big Print for  
your convenience.**

**Forward this to  
everyone you can  
remember right now!  
And Never, under any  
circumstances, take a  
sleeping pill and a  
laxative on the same  
night.**

